

HOW TO BUILD BRIDGES

PREPARED BY Karen Fitz Ritson



Key Foundations of a Bridge

Support: This is the structure that props up a bridge. Even if a plank is rested across a gap to make a bridge, the two ends are what provides the support.



Key Foundations of a Bridge

Span: Span is defined by wikipedia as the distance between two intermediate supports for a structure. The span is a significant factor in finding the strength and size of a beam as it determines the maximum bending moment and deflection.



Key Foundations of a Bridge

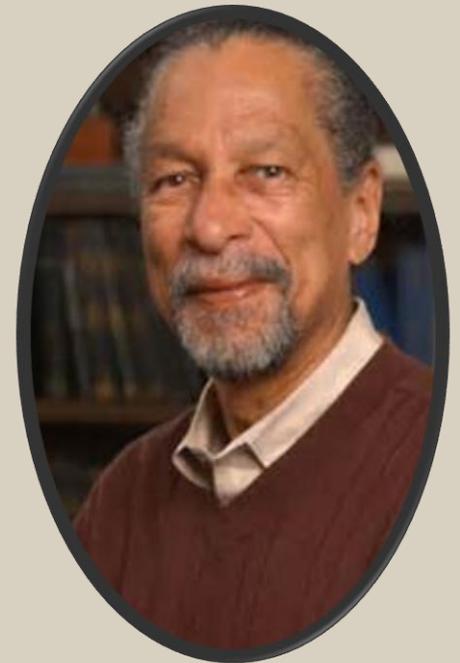
Foundation: The portion of a structure that transfers the weight of that structure into the ground.



How do you Embrace “The Bridge”

Jim West said it best:

“... the bridge is not just about getting back and forth between north and south. The bridge is about connecting our communities.”



How do you Embrace “The Bridge”

What a beautiful reminder of the power of communication and connection – the bridge between two people, cultures or communities.



How do you Embrace “The Bridge”

We all cross bridges as part of a transition or a change in our lives. Some may be difficult to walk over, some may take longer than others to cross – some are worth lingering on.



How do you Embrace “The Bridge”
Only while on the bridge will you be able to observe both sides – where you came from and where you are headed.



Functions of a Bridge

A bridge is also a structure which Enables different functions. As a metaphor, a bridge



- Enables people to have a the passage of ideas,
- It connects people who are in different places,
- It opens up the opportunity for people to be helped

Functions of a Bridge

A bridge is also a structure which enables different functions. As a metaphor, a bridge ;

- It reduces isolation, it is a more efficient way of getting to another point
- It increases the range of options available to connect and communicate



Why you need to cross the bridge

- Your bridge is a symbol for progress or connections,
- it is also symbol for a destination the overcoming of obstacles or a transition to a better place – be inspired.



Quote by T.D. Jakes



“I like to see myself as a bridge builder, that is me building bridges between people, between races, between cultures, between politics, trying to find common ground.”

Why you need to cross the bridge

- There is **hope**. Getting over that bridge to a sweeter place on the other side can and will happen.
- Everyone comes equipped with a metaphorical bridge necessary to span the gap. Think of it as your connection to harmony and joy and find peace in the transition.

